



Sermon Notes

“Knowing Each Other by Name”

John 10:10-11, 14-15

Part 1 of Mental Health Awareness Series

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By Dr. Bob Lee

Key Verse: “I am the good shepherd; I know my sheep and my sheep know me.” (John 10:14, NIV)

Big Idea: We aren’t just a number; we have a name. When someone knows our name, we feel validated and valued.

How can the local church be more sensitive when it comes to our mental health needs?

1. Be a place to belong and to be known. (John 10:11a, 14)
2. Provide a single guiding voice. (John 10:14-16, 27)
3. Assure each person’s value. (John 10:11b, 15b)
4. Be a place of grace and community . . .
 - L – Loving Relationships
 - I – Intentional Caring
 - F – Faith Formation
 - E – Empowered for Ministry