

Sermon Title: "Choosing Wisely"
Part 6, "The Stress-less Life" Series
Proverbs 6:20-23
May 28, 2023
By Dr. Bob Lee

Sermon Notes

Key Verses: "For this command is a lamp, this teaching is a light, and correction and instruction are the way to life." (Proverbs 6:22)

Big Idea: We will always have decisions to make, but they don't have to lead to stress. The wisdom of the Holy Spirit will enable us to have *less* stress and *more* of God's peace in our choices.

Question: Given the weightiness and wide range of our choices, how can we know and do the will of God?

Application:

1. Don't ask, "What should I do?" but ask, "Whom will I hear?"
2. Saturate yourselves in God's word.
3. Seek the voice of God.
4. Choose to be teachable.